

PRAYER OF COMMITMENT

Lord, I believe you have placed me here for a purpose. Help me to see the opportunities you've given me to make a difference. Guide me as I experiment with ways to serve you and others. Give me courage to step out in faith and wisdom to recognize your leading. Thank you for your promise of hope and a future. In Jesus' name. Amen.

REMEMBER: Purpose is often discovered in small steps of faithfulness. Don't wait for perfect clarity before acting. Start where you are, with what you have.

WEEKLY REFLECTION SPACE

Use this space to note how God is speaking to you and leading you:

Week 1:

Week 2:

Week 3:

Week 4:

You might also take time to discover your spiritual gifts at <https://www.umcdiscipleship.org/articles/an-introduction-to-spiritual-gifts> and <https://www.umc.org/en/content/exploring-your-spiritual-gifts>.

OTHER SCRIPTURES: EPHESIANS 2:1 TO 10 AND
1 THESSALONIANS 5:12 TO 18

PURPOSE DISCOVERY WORKSHEET

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." JEREMIAH 29:11

PART A: YOUR CURRENT SEASON

Take a moment to reflect on where God has placed you right now.

Current Roles & Responsibilities: List your current roles (e.g., parent, employee, volunteer, church member, etc.):

1. _____
2. _____
3. _____
4. _____

Available Resources: Check all that apply and add specifics:

Time:

- Weekday mornings
- Weekday evenings
- Weekends
- Other: _____

Skills & Talents:

- Professional skills: _____
- Creative abilities: _____
- People skills: _____
- Technical skills: _____
- Other: _____

Relationships & Networks:

- Family connections
- Professional networks
- Church community
- Neighborhood connections
- Other: _____

PART B: HOLY DISCONTENT

What breaks your heart? What problems do you notice that others might overlook?

In Your Immediate Circle: What needs do you see in your:

- Family: _____
- Workplace: _____
- Neighborhood: _____
- Church: _____

In Your Community: What local issues concern you most?

1. _____
2. _____
3. _____

In the Wider World: What global issues move you to want to make a difference?

1. _____
2. _____
3. _____

PART C: PURPOSE EXPERIMENTS

Choose one small way to make a difference in the next 30 days.

Possible Actions:

Based on your answers above, list three specific actions you could take:

1. _____
2. _____
3. _____

30-Day Commitment:

I commit to: _____

Starting date: _____

End date: _____

Weekly Check-in Questions:

Use these to journal or reflect on your experience.

What did I do this week toward my purpose experiment?

What did I learn?

What challenges did I face?

What encouragement did I receive?

How did I see God at work?

PART D: PURPOSE PARTNERS

"Two are better than one, because they have a good return for their labor." - Ecclesiastes 4:9

Accountability Partner: Who is someone you trust to keep you accountable?

Name: _____

How often we'll connect: _____

Best way to contact: _____

Support Network:

List 2-3 people who can support your purpose journey:

1. _____
2. _____
3. _____